

Stand Up For Fall Prevention: Starting With The Lobby



Don't wait til you get to your apartment. Be just as careful in the lobby.

In the lobby, be on the lookout for:

- 1** Wet, slippery floors
- 2** Loose carpeting and doormats
- 3** Broken light fixtures
- 4** Objects on the floor, especially near lobby chairs or sofas

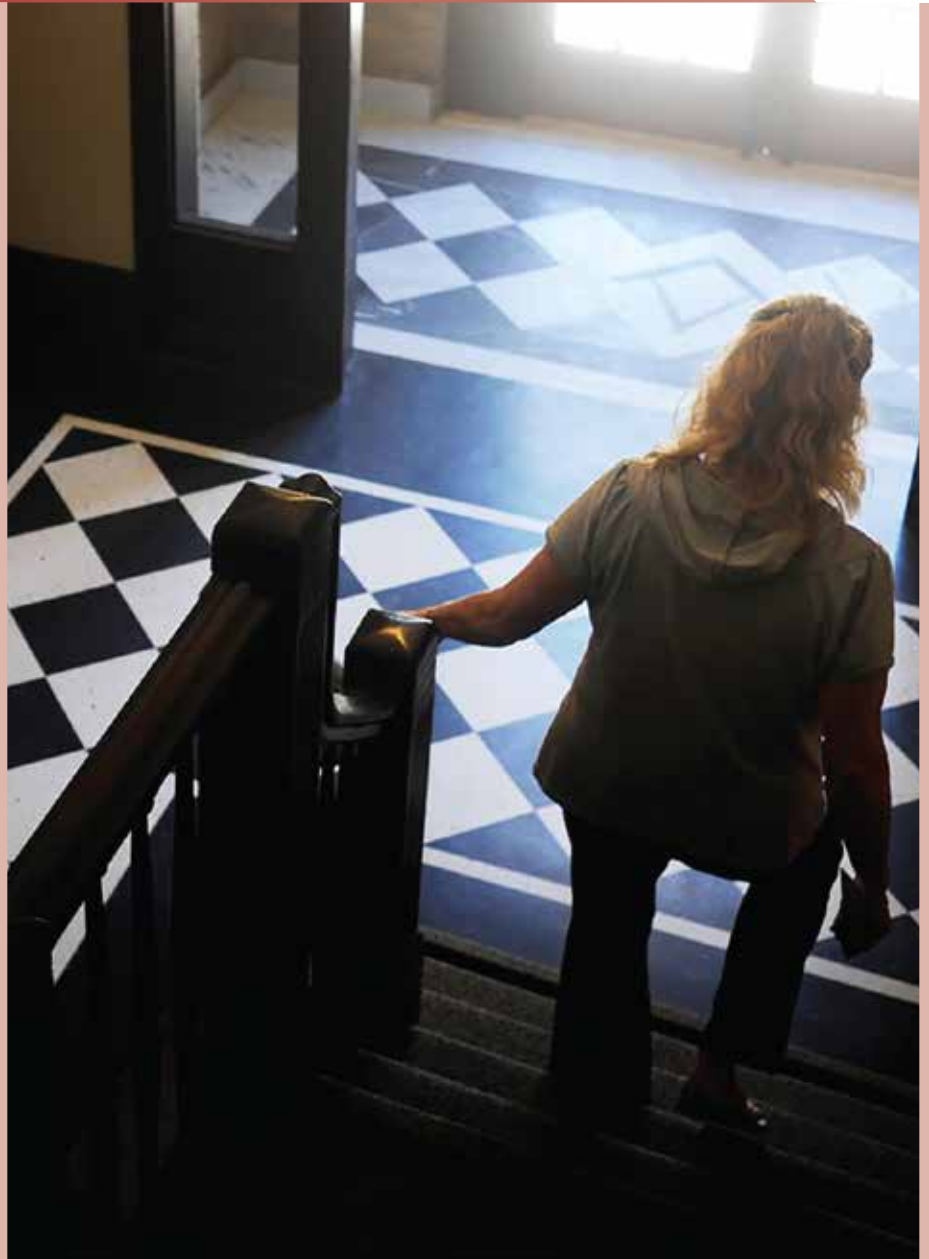
In or near the elevator, be sure that you:

- 1** Wait until other people have entered or exited the elevator
- 2** Can step easily into, or out of the elevator
- 3** Take your time getting in and out
- 4** Make sure your cane or walker is free and clear of elevator doors

In the laundry or recycling room:

- 1** Watch for objects or spills on the floor
- 2** If necessary, get somebody to help you carry laundry, or items for recycling
- 3** In the laundry, make sure that the floors are clean and dry
- 4** In the recycling room, be on the lookout for wires or clutter on the floor

Don't wait until you get to your apartment. Be safe and careful in the lobby, the elevator, and the common rooms of your apartment building.



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Contact:

SUN-B
The Senior Umbrella Network
of Brooklyn
516-455-9612 • info@sunb.org

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